



Understanding Cannabis Use During Pregnancy: Prevalence, Motivations, and Healthcare Provider Communication

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BACKGROUND

- ✦ Cannabis use during pregnancy is a growing concern because:
 - ✦ There is limited research on its effects on fetal development.
 - ✦ Its use is increasingly prevalent.
 - ✦ Cannabis is more accessible and available than ever before.
- ✦ Pregnant women often seek information about cannabis use during pregnancy on online forums.
 - ✦ “GanjaMamas” described as “a safe space for mamas who use marijuana to ask questions and share information” is an online forum that has 39,000+ members.
 - ✦ However, there is little information available about how healthcare providers can best advise and support pregnant women who use cannabis.
- ✦ The aim of this study is to explore communication with healthcare providers, and reasons for cannabis use among women who reported using cannabis during pregnancy.

METHODS

- ✦ An online survey was used to collect data on cannabis behaviors from currently or previously pregnant and breastfeeding women.
- ✦ The survey collected information on demographics, cannabis use during pregnancy, and interactions with healthcare providers regarding cannabis use.
- ✦ Descriptive statistics were used to report the prevalence of cannabis use during pregnancy, reason for use, and communication with healthcare providers.

Our study found that most women who used cannabis during pregnancy did not disclose their use to their healthcare provider. For those who did, information about alternative options was rarely provided.

Further clinical research is needed to identify the most effective strategies to promote disclosure of cannabis use, provide accurate information about the potential health effects associated with cannabis use during pregnancy, and offer safe options for managing symptoms among pregnant women who use cannabis.

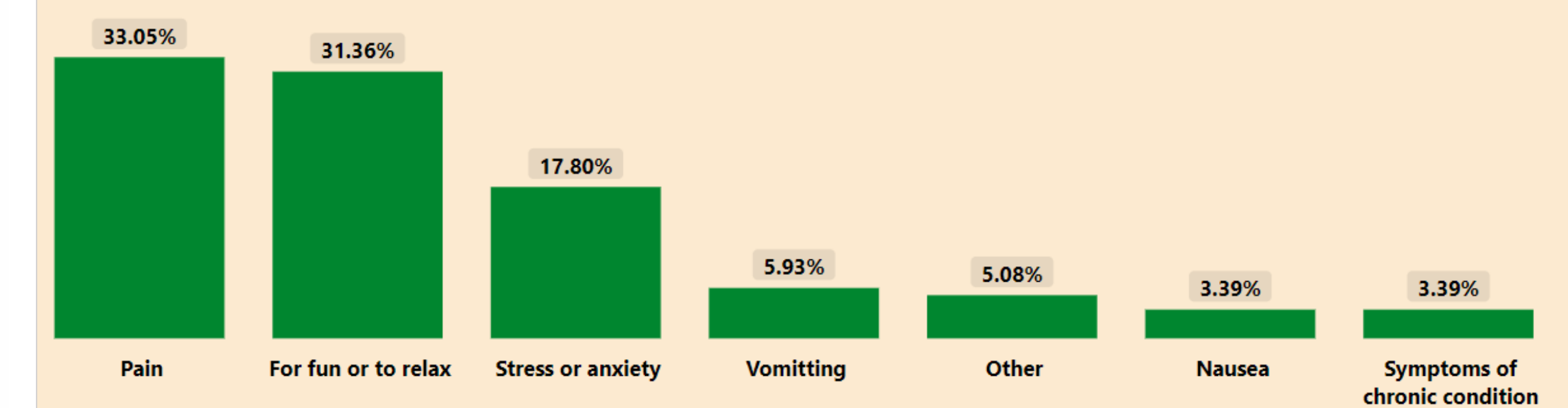
RESULTS

Participant Demographics (n=136)

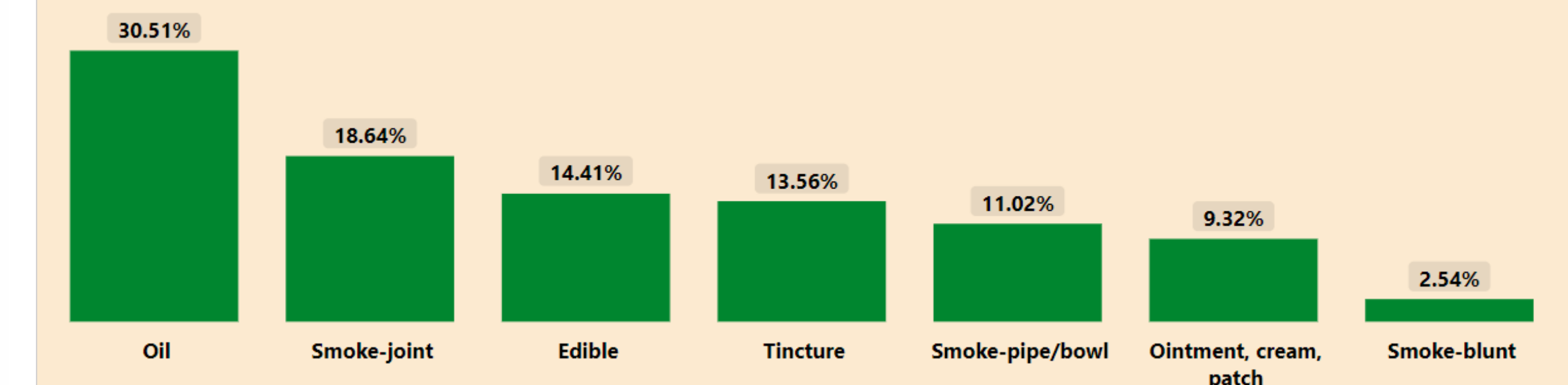
Age in Years (Mean, SD)	30.32, 5.70
Ethnic Background	
White	94 (66.12%)
African American/Black	6 (4.41%)
Hispanic/Latino	15 (11.03%)
Asian	1 (0.74%)
Native America/Alaskan Native	3 (2.21%)
Pacific Islander	2 (1.47%)
Mixed/Multiple Ethnic Groups	15 (11.03%)

Cannabis Use Practices Among Pregnant Women

Reason for Cannabis Use



Form of Cannabis Use



Communication with Healthcare Providers about Cannabis Use During Pregnancy

