

CANNABIS HELPS WOMEN ORGASM?

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“WOMEN WHO REPORTED MARIJUANA USE BEFORE SEXUAL ACTIVITY HAD 2.13 HIGHER ODDS OF REPORTING SATISFACTORY ORGASMS.” 2

Up to **41%** of women worldwide have difficulty orgasming or never orgasm. 1

RESULTS

- o Recent research found that women who use cannabis more frequently are twice as likely to orgasm. 2
- o Cannabis was found almost consistently in the research to facilitate women’s orgasm. 2,3,4,5
- o Cannabis was found anecdotally to help women orgasm who had difficulty orgasming by up to 100%. 4,5
- o Cannabis was found to enhance women’s sexual functioning, including orgasm. 2,4
- o Researchers have suggested cannabis for women’s orgasmic difficulties, for nearly 50 years. 5,6 .

The studies to date were for women not diagnosed with female orgasmic disorder, a DSM-5 diagnosis.

- o The literature review did not find any studies that examined if cannabis could be a treatment for women who had orgasmic difficulties.

CONCLUSION

The research suggests cannabis could be a treatment for women who have Female Orgasmic Disorder.

FUTURE RESEARCH

- o **Cannabis and Female Orgasmic Disorders**
- o My dissertation will explore whether women are using cannabis to aid in treating DSM-5, Female Orgasmic Disorder (FOD).

A Literature Review of the Last Century

- o **7th Century**
Cannabis found in India to enhance sexual practices. 7
- o **1898**
Cannabis listed as an aphrodisiac and stimulating venereal desire. 8
- o **1934**
“Marihuana acts as a sexual stimulant and releases inhibitions.” 9
- o **1967**
“Cannabis makes the experience of orgasm seem more prolonged and intense.” 10
- o **1971**
“Sexual orgasm has new qualities, pleasurable qualities, when using cannabis during sex.” 11
- o **1979**
“Marijuana increases the intensity of orgasm.” 6
- o **1982**
“50% of women reported that marijuana enhanced the quality of their orgasm and the number of orgasms increased for 27% of the women.” 12
- o **2012**
“Research results have almost consistently suggested a facilitatory effect of cannabis on sexual function in women.” 13
- o **2019**
“Women who reported marijuana use before sexual activity had 2.13 higher odds of reporting satisfactory orgasms.” 2
- o **2020**
“For each step up of cannabis use intensity (ie, times per week), the odds of reporting female sexual dysfunction declined by 21%.” 4



CITATIONS

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