

# Cannabis a Treatment for Female Orgasmic Disorder?

## A PROPOSED OBSERVATIONAL RESEARCH STUDY

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## INTRODUCTION

- ✓ Female orgasmic disorder (FOD) is the reduced intensity, delay, infrequency, and/or absence of orgasm. 1
- ✓ Women may have lifelong, acquired, situational or generalized orgasmic disorder. 1
- ✓ FOD is the second most common sexual complaint among women. 2
- ✓ The percentage of women suffering from FOD has not changed in 50 years. 3
- ✓ No validated treatment exists for the largest percentage of women suffering from FOD; situational. 4
- ✓ Only one validated treatment for FOD exists; Directed Masturbation, *only* for lifelong FOD. 4
- ✓ **FEMALE ORGASMIC DISORDER HAS SEEN LITTLE INNOVATION SINCE THE 1980S** 5
- ✓ Research shows mostly consistent reports of cannabis helping women orgasm. 6,7,8,9,10
- ✓ Clinics in CA and MA report experience with successfully treating FOD with cannabis. 11,12



**FEMALE ORGASMIC DISORDER IS ASSOCIATED WITH ANXIETY, DEPRESSION, POOR SELF-ESTEEM, ADVERSE EFFECTS ON QUALITY OF LIFE, SHAME, FAKING ORGASMS AND RELATIONAL AND INTERPERSONAL DISTRESS.**  
13,14, 15, 16, 17

## METHODS

MIXED METHOD APPROACH  
Online Survey and follow-up interviews



## RESULTS

Work in progress



## CONCLUSION

Work in progress

**inhaleMD**

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